



Mile-High Adult Hockey League  
2250 S. Old Kipling St  
Lakewood, CO 80227  
303-953-3170  
[www.mhahl.com](http://www.mhahl.com)

## **Rules & Regulations-MHAHL**

- 1) All teams are required to have 14 players including goalies.
- 2) All teams are required to have matching jerseys with correct numbering to designate players.
- 3) Players may register with more than one team as long as the teams are not in the same division.
- 4) All players are required to wear helmets, however face protection is optional.
- 5) If a game ends in a tie and time permits either an overtime period or shoot-out will be used to decide the winner.
- 6) All team captains must check with the scorekeeper to ensure everyone on the roster is present and specify and scratches from a game.
- 7) Mile-High Hockey League uses officials from the Colorado Ice Hockey Referees Association. All penalties in which are called will not be debatable.
- 8) Any player who receives a game misconduct will automatically receive a 1 game suspension. A second game misconduct will result in suspension for the remainder of the specific season.
- 9) Any player who receives 4 penalties in one game will be suspended for the remainder of that specific game.
- 10) Any player who receives a fighting major will be automatically suspended from that specific game and be assessed a 1 game suspension. If a player receives a 2nd fighting major in a season that player will be suspended for the remainder of the season.